

YWCA **Northeast Massachusetts**

Arelis Gandarilla

**Director of Community Based
Domestic and Sexual
Violence Services**

Maria Andrade

**Housing and Stabilization
Coordinator**

**eliminating racism
empowering women**

ywca

YWCA IS ON A MISSION

Who are we?

- ❑ Non-profit organization founded in 1892.
- ❑ Our goal is to eliminate racism, empower women and promote peace, justice, freedom, and dignity for all.

Communities Served

YWCA - FINA HOUSE

Andover
Lawrence
N. Andover
Methuen

YWCA - Haverhill

Essex
Haverhill
Boxford
Georgetown
Groveland

YWCA - Northshore RCC

Amesbury
Beverly
Danvers
Gloucester
Hamilton
Ipswich
Lynn
Lynnfield
Manchester
Marblehead
Merrimac
Nahant
Newbury

Newburyport
Peabody
Reading
Rockport
Rowley
Salem
Salisbury
Saugus
Swampscott
Topsfield
Wenham
West Newbury

SERVICES

- ☐ Crisis Intervention
- ☐ Individual/Group Counselling
- ☐ Court advocacy(police and court)
- ☐ Educational Outreach (Professional Workshops and Trainings)
- ☐ 24-Hour Hotline
- ☐ Assistance With Emergency Shelter
- ☐ Child Advocacy Program
- ☐ Medical Advocacy
- ☐ Referrals

FREE AND CONFIDENTIAL SERVICES



24 HOUR SA HOTLINE

- ☐ Immediate crisis intervention.
- ☐ It is 24 hours a day/7 days a week.
- ☐ We offer bilingual services.
- ☐ We offer emotional support and grounding techniques.
- ☐ It is covered by staff, interns, and volunteers.
- ☐ Community resources.



24
HOURS





INDIVIDUAL & GROUP COUNSELING

Individual Counseling

- Psychoeducational counseling.
- Weekly sessions/biweekly.
- We use the empowerment model.

Group Counseling

- DV/SA Survivor Group.
- 10-12 participants.
- Meets for 12 weeks virtually.
- Trauma focused.
- Topics such as: Healthy vs Unhealthy Relationships, Self-Blame, Guilt and Shame, Trauma & Emotional Regulation, Self-Esteem, Self-Care & Self-Love, Conflict Resolution, Resiliency & Support Networks
- Empower, support, share, and listen to each other.



CHILD ADVOCACY

- **Psychoeducational counseling for children who are survivors of sexual abuse, 4 - 12 years of age.**
- **Emotional support and counseling for parents and guardians.**
- **Assistance with referrals to the Essex Children's Advocacy Center.**



Medical Advocacy

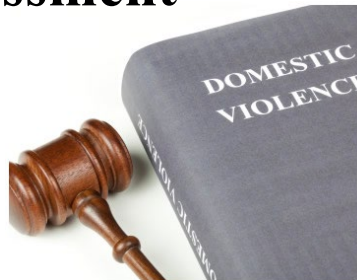
- Survivors of sexual assault (24 hours).
- Survivors of DV (9am-5pm).
- Accompany them as long as needed.
- We offer emotional support.
- Lawrence general hospital, Holy Family Hospital (Methuen/Haverhill) - (SANE Certified).
- Salem Hospital, Beverly Hospital, Addison Gilbert Hospital, Anna Jaques Hospital
- Evidence collection kit within the first 5 days post assault.
- Police reporting not required unless underage.



Court Advocacy



- **No legal representation!!!**
- **2 SAFEPLAN advocates-
Lawrence District Court,
P&F Court.**
- **1 SAFEPLAN Advocate-
Haverhill District Court**
- **Bilingual advocates.**
- **Assist with the completion of
restraining and harassment
orders.**
- **Emotional support and
accompaniment to the
protective order hearing.**
- **Provide information on legal
and safety options.**
- **Referrals to local support
services (counseling services,
etc.)**



Residential Programs

- Oasis- *Housing for women and children who are survivors of domestic violence, need 3rd party verification of domestic violence and homelessness.*
- Single Room Occupancy (SRO)- *Permanent housing, application process through Lawrence Housing Authority.*
- Permanent Supportive Housing- *HOH must be disabled referrals come from the EOHLC department.*
- Permanent Residents- *Referrals come from CTI*
- Undisclosed Emergency Shelter.



Assistance with Emergency Shelters

- Statewide hotline service providing information on any open domestic violence shelters.



Educational Outreach

- Presentations to schools, police stations, medical professionals, local agencies, etc.
- Tabling events.
- Provider meetings.
- Professional trainings.
- Community events.



Referrals

- **Medical professionals (Licensed social workers, therapists, psychiatrists).**
- **DTA (Department of Transitional Assistance).**
- **Lawrence Housing Authority**
- **Legal aid agencies**
- **Food pantries**
- **Local shelters**



Thank you!!!

YWCA - Fina House
203 Haverhill Street,
Lawrence, MA
Office: 978.682.3039

YWCA – Haverhill
107 Winter St,
Haverhill, MA
Office: 978.374.6121

YWCA – Northshore Rape Crisis Center
20 Central Ave
Lynn, MA
Office: 781.477.2313

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