



Ending domestic violence. Creating Hope.

When Transition House opened its doors in Cambridge over 40 years ago, it was the first domestic violence shelter on the East Coast of the United States and the second in the entire country. Since then, our programs have continued to evolve to serve the needs of our community. Today, Transition House offers a wide range of housing resources, support services and prevention tools. In the last few years alone we have built nationally groundbreaking partnerships that emphasize a whole-community approach to violence prevention.

All Transition House programs are inclusive and accept all gender identities.





Let's Talk About Domestic Violence

Domestic violence is a pattern of coercive, controlling behavior that can include physical abuse, emotional or psychological abuse, sexual abuse and/or financial abuse. Some people who abuse are able to exert complete control over a survivor's every action without ever using violence or only using subtle threats of violence. All types of abuse are devastating to survivors.

Domestic violence is a pervasive, life-threatening crime that affects millions of individuals across the United States regardless of age, economic status, race, sexual orientation, gender identity, religion, ability, or education level.

High-profile cases of domestic violence will attract headlines, but thousands of people experience domestic abuse every day. They come from all walks of life. In our annual Domestic Violence Counts Report, the National Network to End Domestic Violence (NNEDV) finds that U.S. domestic violence shelters and programs serve thousands of victims and answer thousands of crisis hotline calls, chats, texts, and emails every day of the year.

1,868

Survivors served daily in
the state of MA

452

Unmet requests for
services



Transition House Services



Housing Programs

Transition House Housing Continuum offers a variety of housing options, ranging from emergency shelter to permanent housing for survivors of domestic violence.

Our Emergency Shelter serves 9 families and individuals at a time and offers a caring, trauma-informed community and on-site clinical support with 24/7 staffing. The Shelter is a converted home where all residents share a fully ADA accessible common kitchen, 4 common baths, and indoor and outdoor play spaces.

Our longer term transitional and supported housing programs are designed for individuals and families who have experienced domestic violence and cannot yet access safe, affordable housing. In both models, residents live in scattered site apartments and access a range of support services as they become increasingly resilient and financially secure.

Community Support Partnership

The Transition House Community Support Partnership offers help and resources to survivors of domestic violence, intimate partner abuse, dating violence and family violence. We work with people of all ages, backgrounds, ethnicities, immigration status, gender and sexual identities.

WE OFFER

Housing Advocacy

Safety Planning

Legal Advocacy & Court Accompaniment

Domestic Violence Counseling

Support Groups

Public Benefits Advocacy

Training & Technical Assistance

Services for Elders



Internal Assistance & Support



- Housing, rental and utility assistance for Transition House Program Participants
- Survivor's Annual Aid
- Education Support
- Transportation Assistance
- Documentation Support
- Medical Support
- Child and Family Support/Advocacy
- Adult Counseling (In person & Virtual)
- Child Counseling
- Medical Consultation Support
- Life Skills and Empowerment Training
- Financial Assistance

Language Access - Our staff together speaks over 5 language.





Client's Words

“Shelter is like home and the staff here, they help to keep everybody safe and then they help people to move ahead. And they motivate, they also teach what is life, and then they prepare you to move ahead in life. And they teach about self-defense, how to become independent and how to become strong. And also, please do not suppress or hide the pain, because life is beautiful and we have to do a lot of things in life.

[The staff] have taught me how to live life, how to become happy, how to become independent. I was a person who used to get afraid while walking outside and such a person has now become someone who earns a living and supports family.”

