

## REGISTRATION FORM

**Registration Deadline: July 15, 2011**

**Fax in Registration Form To: 781-380-4842**

**Newton Two Day OSHA** July 20 & 21, 2011

Please complete a separate form for each registrant and fax registration. Mail a hard copy along with your payment to: NEAHMA, 400 Washington Street, Suite 210, Braintree, MA 02184

Online payment option available at [www.neahma.org](http://www.neahma.org)

### Registration Fees:

\_\_\_\_\_ Member \$ 279 \_\_\_\_\_ Non Member \$349

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Management Co: \_\_\_\_\_

Property Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

### Cancellation Policy:

There is a \$50 administrative fee for cancellation 15 working days prior to the course. After this date, fees are *non-refundable*. A substitute may be sent in the place of the registrant. Class space is limited; therefore your registration must be accompanied by full payment in order to confirm your space for this course.

### Outstanding Collection Policy:

Payment for trainings and workshops are payable upon receipt. Registrants with outstanding balances that exceed 90 days will be suspended from attending future trainings and workshops until payment is received in full.

Directions to:  
Centredale Manor  
2074 Smith Street  
North Providence, RI 02911  
(401) 232-3770

From Providence: Route 146 North to the Mineral Spring Avenue exit. At end of ramp, take a left onto Mineral Spring Avenue. Follow Mineral Spring Avenue to end (road bears to right). After next traffic light, you will see a fork in road with a high-rise building in front of it. Go straight into building driveway. Centredale Manor is the building at the end of driveway on your left.

From the South: Take 1-295 North to RT 44 East, exit 7A (towards Centredale). Follow Route 44 east 1.7 miles. After the traffic light (where burger king is on your left), take a right into the building driveway right before Cumberland Farms. Centredale Manor is the building at the end of the driveway on your left.

NEAHMA  
400 Washington Street, Suite 210  
Braintree, MA 02184

neahma  
NEW ENGLAND  
AFFORDABLE HOUSING  
MANAGEMENT ASSOCIATION

## Two Day OSHA 10 Hour Certification Training

July 20 & 21, 2011

Centredale Manor  
2074 Smith Street  
North Providence, RI 02911

Presented by  
ARS Restoration Specialists



[www.neahma.org](http://www.neahma.org)

## Course Overview

### Who should attend this workshop?

This course is designed for employees, foremen, job supervisors, maintenance staff, maintenance supervisors and anyone involved in general industry operations.

The first day of the course covers OSHA-mandated topics, such as:

- \* an overview of OSHA, tips on how to locate specific OSHA regulations.
- \* OSHA Act
- \* General Duty Clause
- \* Employer & employee rights and responsibilities
- \* Record keeping basics
- \* Inspections, citations, and penalties
- \* General safety and health provisions
- \* Value of safety and health
- \* Fall Protection, electrical
- \* Struck by falling objects
- \* Caught in between (e.g., trench hazards, equipment)
- \* Personal protective and lifesaving equipment
- \* Health hazards in construction

Day two of the course covers:

- \* Stairways and Ladders
- \* Materials handling, storage, use and disposal
- \* Disaster Planning

## Course Schedule

### Agenda (Day One)

**9:00 a.m. - 9:30 a.m.**

Registration (Breakfast Provided)

#### Morning Sessions

**9:30 a.m.- 1:00 p.m.**

Introduction to OSHA

OSHA Focus Four Hazards

**1:00 p.m. - 1:30 p.m.**

**LUNCH (Provided)**

#### Afternoon Sessions

**1:30 p.m. - 3:30 p.m.**

Blood Borne Pathogens

Walking & Working Surfaces

Review



## Course Schedule

### Agenda (Day Two)

**9:00 a.m.- 9:30 a.m.**

Registration (Breakfast Provided)

#### Morning Sessions

**9:30 a.m. - 1:00 p.m.**

Electrical Safety

Personal Protective Equipment

**1:00 p.m. - 1:30 p.m.**

**LUNCH (Provided)**

#### Afternoon Sessions

**1:30 p.m. - 3:30 p.m.**

Fall Protection

Stairs and Ladders

Review

You must complete the full 10 hrs. in order to receive your Department of Labor OSHA 10 hr. completion



## Trainer

### John Semas

#### ARS Restoration Specialists

- \* OSHA certified instructor, 10hr and 30hr certification
- \* Water, fire, mold, technician certification

#### ARS Company Overview

Founded in 1987, ARS is an independently owned, full service disaster restoration company comprised of 75 professionally trained staff members with over 1,500 pieces of specialized restoration equipment. With locations in Worcester, MA, Pawtucket, RI, New Hampshire, and our headquarters in Newton, MA, we are proud to cover Massachusetts, Rhode Island, and southern New Hampshire 24-hours a day and 7 days a week. ARS has six licensed builders on staff providing complete reconstruction services, which allows for an easy transition for emergency work to reconstruction.